


Monitoring Volatile Organic Compounds in Human Breath

P r q l w r u b j # y r a l w i h #
r u j d q l f # e r p s r x g v # g #
k x p d g # e h d w k

G u # k u l w r s k h u # d a r g



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R g r x u # # r d d f w l r q # g #
p h g l f d g # d j q r v l v

- Long history
 - Earliest days of medicine
 - Odours on the breath of patients well known
 - Diabetes (“fruity”); liver disease (“feter”)
- Reflects biochemical state
 - Potentially useful as diagnostic tool
- Odour itself is qualitative
 - Modern interest in breath analysis
 - Held to date from late C19th

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E h d w k # d q d q v l # d
d g y d q w d j h v

- Non-invasive
- Rapid
- Repeatable
- Little preparation of volunteer or operator
- Point-of-care

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Z k d w a # d g # e h d w k B

- Nitrogen, oxygen, carbon dioxide
- Water
- Nitric oxide, carbon monoxide
 - Diagnosis/monitoring of pulmonary disease
- Complex molecules
 - Detectable in exhaled breath condensate
 - Proteins, including hormones and enzymes
- Volatile Organics Compounds (VOCs)

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W k h # r u j l # r i # R F v

- VOCs arise from normal physiological processes, the body’s response to infection, and products of microbial metabolism
- Blood carries everything around
- VOCs reach urine, blood, breath

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Y R F v

A number of breath VOCs found to be significant e.g.:

- Acetaldehyde & formaldehyde – potential cancer marker
- Isoprene: cholesterol biosynthesis; oxidative stress
- Sulphides: gut bacteria, mouth bacteria
- Ammonia: kidney & liver disease; protein metabolism

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Monitoring Volatile Organic Compounds in Human Breath

Ehndwk#R F #Erqwhq

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- Each human breath contains hundreds, perhaps thousands of VOCs
- By no means all are metabolites
 - inhalation, ingestion, skin contact
- Those that are metabolites are not necessarily useful

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Ehndwk#lqddv#0 surep v

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- Range of concentrations
- What are the target analytes? (Biomarker identification)
- Handling breath/quality/stability of sample
 - Large sample volumes
 - Leakage
 - Adsorption/desorption on container
 - Water content can cause problems
- Compensating for background

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Vlq d#p hwd#r {gh# vhgvr#j dv#lqddvhu

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- SMOS-GA a.k.a. the "Breathotron"
- Designed and built at Cranfield University
- Provides automatic breath sampling onto a mixed metal-oxide sensor (MMOS)
- Parallel sampling onto thermal desorption (TD) tube for GC-MS analysis
- Proof-of-concept device for point-of-care diagnosis
- Mains-powered portable device
- Uses PC or PDA for control and data logging

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Ehndwkrwrg

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Idfhp dvr#dvhp ed

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- Volunteer wears a facemask and breathes normally
- Mass flow sensor to measure expiratory flow rate
- Used to control sampling process
- Allowance for respiratory dead space
- Sampling generally takes 3-4 minutes

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P lhg#p hwd#r {gh#j dv# vhgvr

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CAP 25

- Adsorption of gas onto metal oxide semiconductor can produce large change in resistance
- CAP 25; p-type; chromium-titanium oxide
- Designed as a general air quality monitoring sensor
- (Was) commercially available: low-cost
- Nonspecific, though some control is possible by adjusting sensor temperature
- Sensor resistance increases as VOCs adsorb onto it

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